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Irish Stew

Choreographed by Lois Lightfoot

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: Irish Stew by Sham Rock [The Album]

Women Rule The World by Lonestar [Let's Be Us Again]

Days Go By by Keith Urban [132 bpm / Be Here]

Sold by John Michael Montgomery [120 bpm / John Michael Montgomery / Greatest Hits / CD: Country Fun / Available on iTunes]

Tell Me Ma by Sham Rock [144 bpm / CD: Sham Rock - The Album (Buy by phone at 1 800 272-7936) / CD: I Love Line Dancing 5 6 7 8 / Available on iTunes]

SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE

- 1& Touch right toe to side, step right together*
- 2& Touch left toe to side, step left together*
- 3&4 Touch right toe to side, clap, clap*
- 5& Touch right heel forward, step right together*
- 6& Touch left heel forward, step left together*
- 7&8 Touch right heel forward, clap, clap*

SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½

- 1&2 Step right forward, step left together, step right forward*
- 3-4 Rock left forward, recover onto right*
- 5&6 Step left back, step right together, step left forward*
- 7-8 Step right forward, turn ½ left (weight to left)*

RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE

- 1-2 Cross/rock right over left, recover onto left*
- 3&4 Step right to side, step left together; step right to side*
- 5-6 Cross/rock left over right, recover onto right*
- 7&8 Step left to side, step right together; step left to side*

TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT

- 1-2 Touch right toe forward, touch right toe to side*
- 3&4 Cross right behind left, step left to side, step right to side*
- 5-6 Touch left toe forward, touch left toe to side*
- 7&8 Cross left behind right, turn ¼ left and step right to side, step left to side*

REPEAT