

Instructor: Ryan Dobry-Hunt
 440 East Bay Blvd. S.
 Traverse City, MI 49686
 231-947-6311
RYANDANCER@aol.com

Progressive Cowboy			
AKA: The Kool Dance			
TYPE:	4 Wall Line Dance	RATING:	Intermediate
COUNT:	40	STEPS:	40
CHOREOGRAPHER:	Curtis "Hoss" Marting (1996) 3224 River Branch Circle, Kissimmee, FL 34741 Phone: (407)870-8498 Email: hossmarting@cfl.rr.com		
SOURCE:	Curtiss "Hoss" Marting		
MUSIC:	132 BPM "I'm A Cowboy" - The Smokin' Armadillos 174 BPM "Working For The Weekend" - Ken Mellons (Also) The Tribal Dance - Two Unlimited		

<p>STEP DESCRIPTION:</p> <p>HEEL-TOE TOUCHES with STEP-SLIDES 1, 2 Tap RIGHT heel forward 45 degrees right; Touch RIGHT toe beside Left 3, 4 Step RIGHT a long step to right side; Slide touch LEFT toe beside Right 5, 6 Tap LEFT heel forward 45 degrees left; Touch LEFT toe beside Right 7, 8 Step LEFT a long step to left side; Slide touch RIGHT toe beside Left</p> <p>HEEL-TOE TOUCHES with STEP-SLIDES 9, 10 Tap RIGHT heel forward 45 degrees right; Touch RIGHT toe beside Left 11, 12 Step RIGHT a long step to right side; Slide touch LEFT toe beside Right 13, 14 Tap LEFT heel forward 45 degrees left; Touch LEFT toe beside Right 15, 16 Step LEFT a long step to left side; Slide touch RIGHT toe beside Left</p> <p>HIP PUSHES (BUMPS) 17 Shifting weight to Right, push (bump) hips to right; 18 Shifting weight to RIGHT, push (bump) hips to right 19 Shifting weight to LEFT, push (bump) hips to Left; 20 Shifting weight to LEFT, push (bump) hips to Left 21, 22 Weight even, push (bump) hips back; Weight even, push (bump) hips back 23, 24 Weight even, push (bump) hips forward; Weight even, push (bump) hips forward</p> <p>MORE HIP PUSHES (BUMPS), WALK FORWARD, HEEL TAP, TOE TOUCH 25, 26 Push (bump) hips anywhere your want; Push (bump) hips anywhere your want (Variation: Instead of doing the last two hip bumps do toe splits instead!) 27, 28 Step forward on RIGHT; Step forward on LEFT 29, 30 Step forward on RIGHT; Step forward on LEFT 31, 32 Tap RIGHT heel forward; Touch RIGHT toe back</p> <p>1/4 TURN; TOUCH & CROSS, JAZZ BOX WITH FORWARD JUMP 33, 34 Stepping forward on RIGHT, make 1/4 turn right; Touch LEFT toe out to left side 35, 36 Cross step LEFT over Right; Touch RIGHT out to right side 37, 38 Cross step RIGHT over Left; Step back on LEFT 39, 40 Step RIGHT beside Left; Weight even on both feet, jump forward shifting weight to Left when landing</p>
